

Dear Parent,

Children are born with natural curiosity and inquisitiveness about the world around them. It is important for us to help them keep this spark alive and to make learning fun.

Summer Vacation is just round the corner, let every moment of this vacation be a time to unite, connect and enjoy beautiful moments with your child.

#### Here are some activities given to help your child become independent and confident:-

#### Independent Me

- · Buttoning and Unbuttoning
- Put on your Socks and Shoes
- · Keeping belongings back in their place
- · Filling the water bottles
- · Keeping room clean and well-organized
- Tear a Chapati and eat your Meal on your own

#### Alone we can do so little; together we can do so much. (Social Skills)

- Wish your elders with a smile
- Go outdoors and play with your friends
- Use magical words: Sorry, Please, Excuse Me, Thank You

#### One, who maintains cleanliness, keeps away diseases. (Personal Hygiene)

- Brushing teeth twice a day.
- Combing hair regularly
- Bathing everyday
- · Washing hands before and after meals.

#### Reading is Fun

#### Children are made readers on the laps of their parents.

Make reading a regular practice with pictures and large text.

Make bed-time stories a part of your child's daily routine.



# Celebrate Father's Day (16 June) HAPPY FATHERS DAY Paste the photo of your Dad SUPER MY DAD IS MY SUPER HERO LUV YOU DAD

## International yoga day (21 June)

"Yoga is the journey of the self, through the self, to the self."

#### ACTIVITY Let's Do Yoga

#### Mountain Pose

Stand straight and Spread the legs and toes few inches apart. Keep the arms alongside the body.



The shoulders must be relaxed and not stiff. Raise the arms above your head.

Hold the posture and breathe slowly. Retain as long as comfortable.

#### Volcano Pose

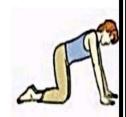
Stand tall with your feet slightly apart. Bring your hands to prayer position. Inhale and push your hands to the sky.

Exhale and move your hands to the side and then back to the centre.



#### Cat Pose -

Get down on hands and knees. Reach spine towards ceiling as high possible so that the back is arched like a cat. Make meow - meow noises.



#### **ENGLISH**

#### **PHONETICS**

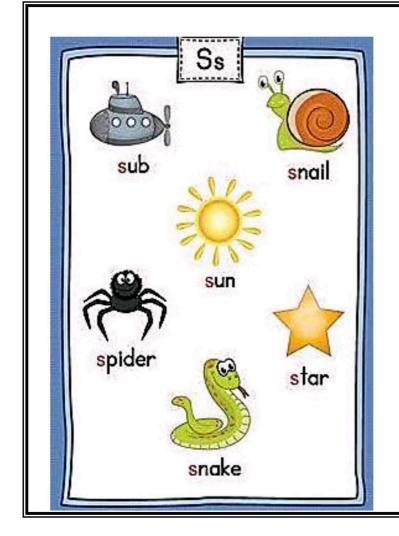
A says ए as in apple, axe, arrow
B says ब as in ball, bag, balloon
C says क as in cat, candle, car
D says ड as in dog, drum, doctor
E says ए as in elephant, elbow, engine
F says फ as in frog, fish, fan
G says ग as in grapes, gate, god
H says ह as in horse, house, hot
I says आइ as in ice-cream, iron, island
J says ज as in joker, jar, jelly
K says क as in kite, kettle, kangaroo
L says ल as in lion, leaf, lock
M says म as in mango, mat, mother

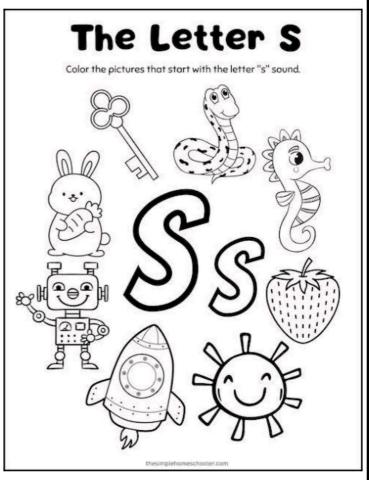


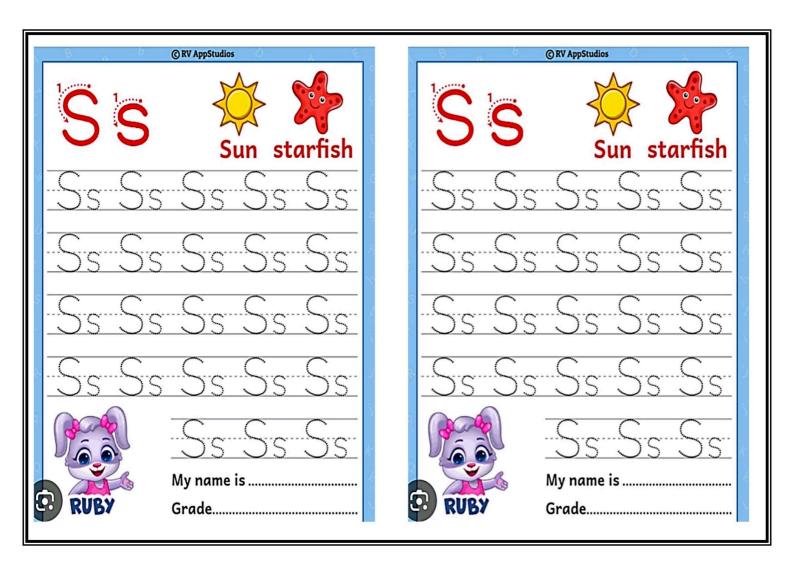
N says 可 as in nest, nut, nose
O says 引 as in orange, ostrich, ox
P says प as in parrot, peas, pocket
Q says 可 as in quarter, quill, quilt
R says で as in rocket, rat, red
S says 田 as in sun, socks, swing
T says こ as in tiger, time, toffee
U says 田 as in umbrella, under, urn
V says 可 as in van, vulture, violin
W says 可 as in wall, watch, window
X says 可 as in x-ray, x-mass tree
Y says 可 as in zip, zigzag, zero

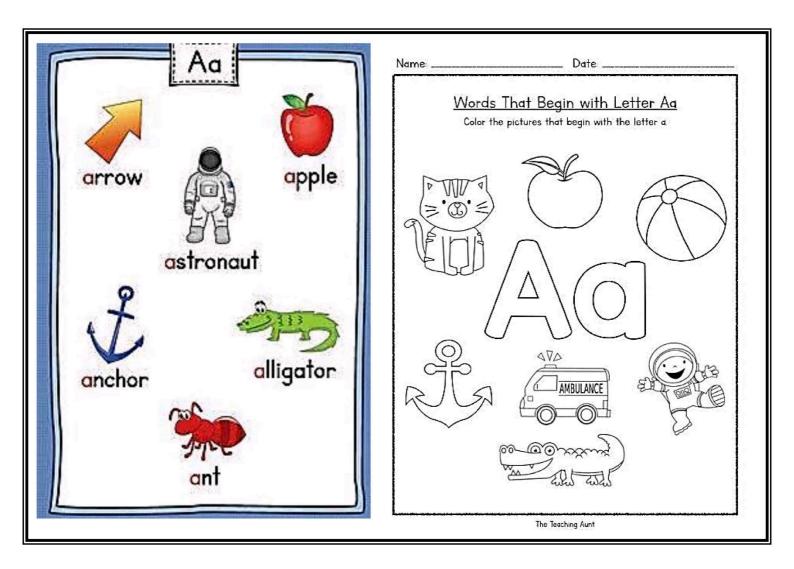


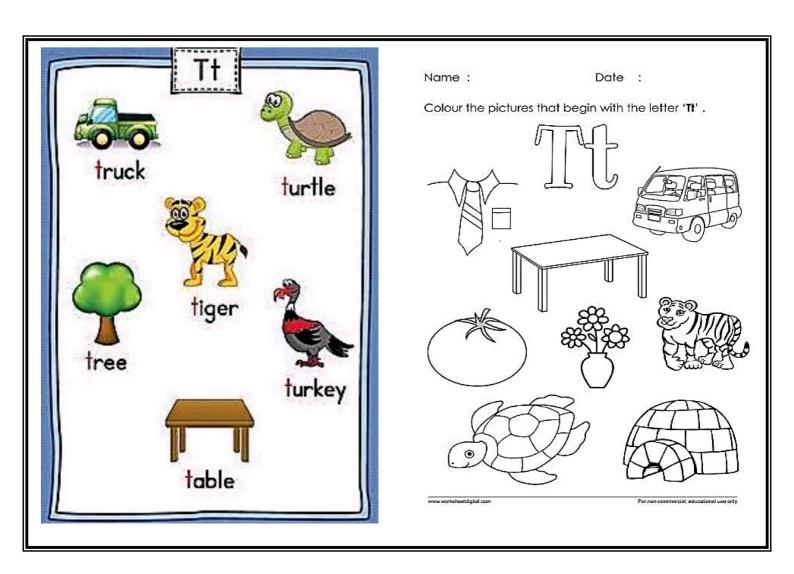
\*

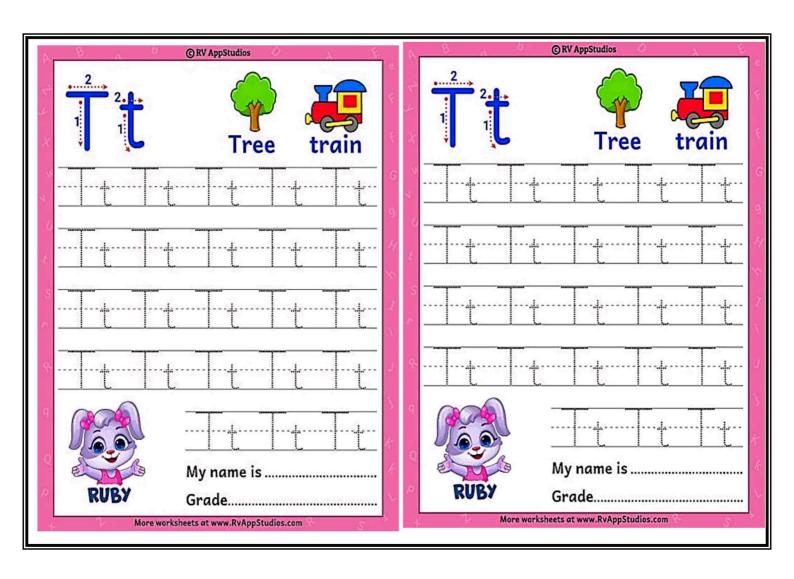




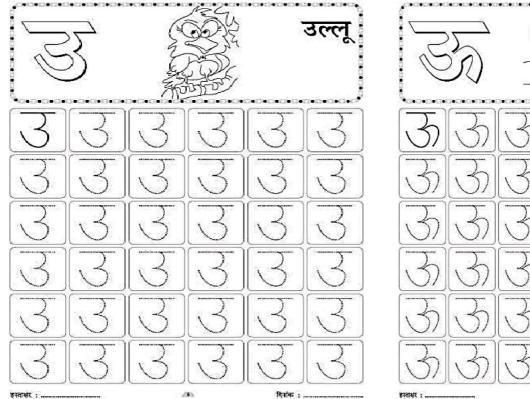


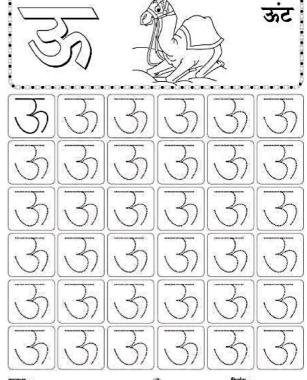


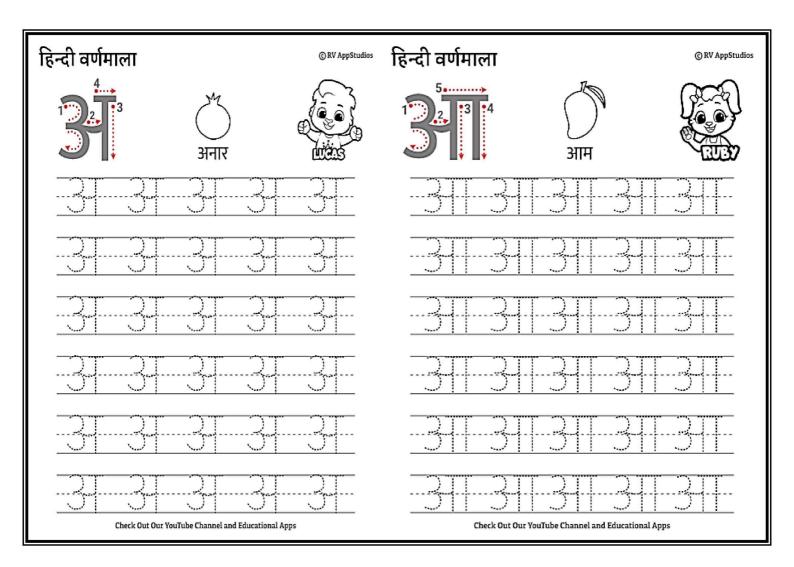


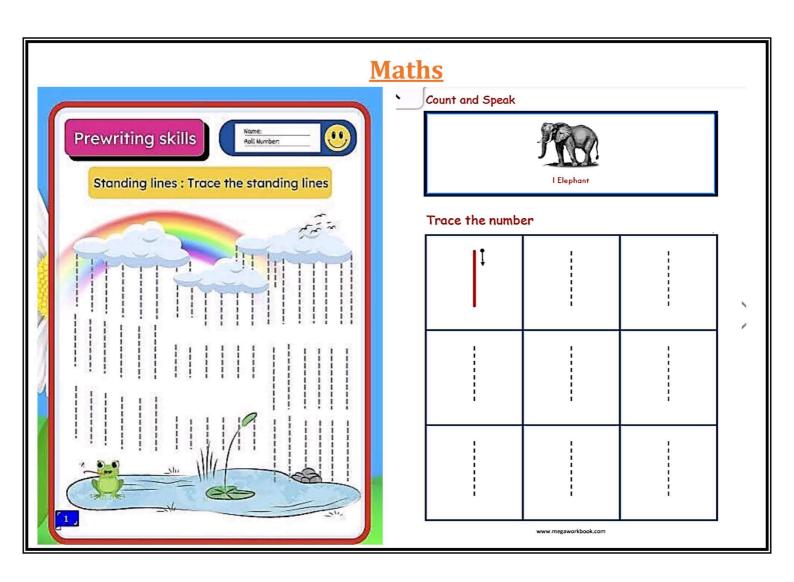


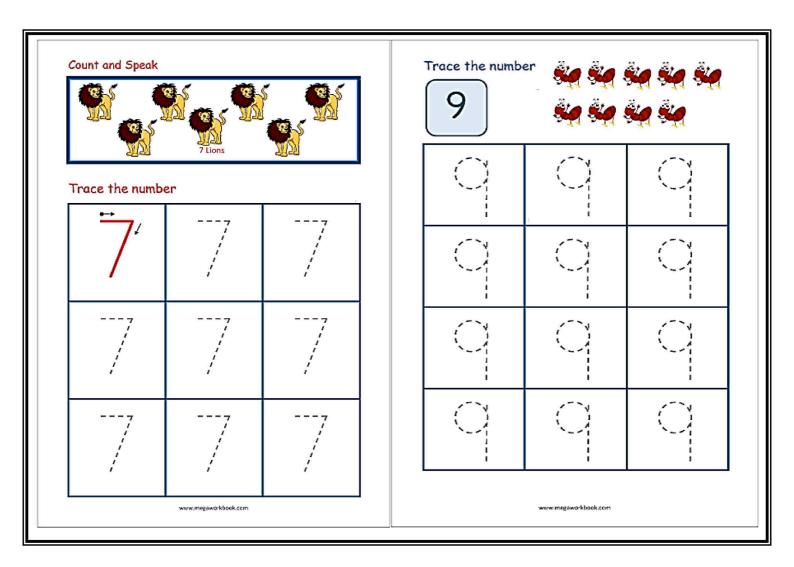
#### **HINDI**

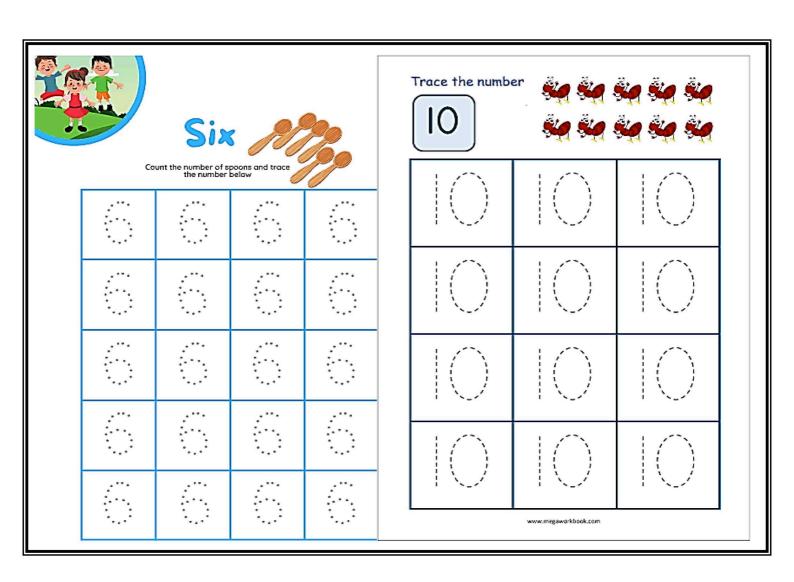












#### EVS

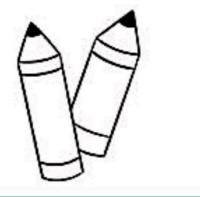


### All About ME!



MY NAME IS...

My favorite color is...



lam



years old.

THAT'S ME!

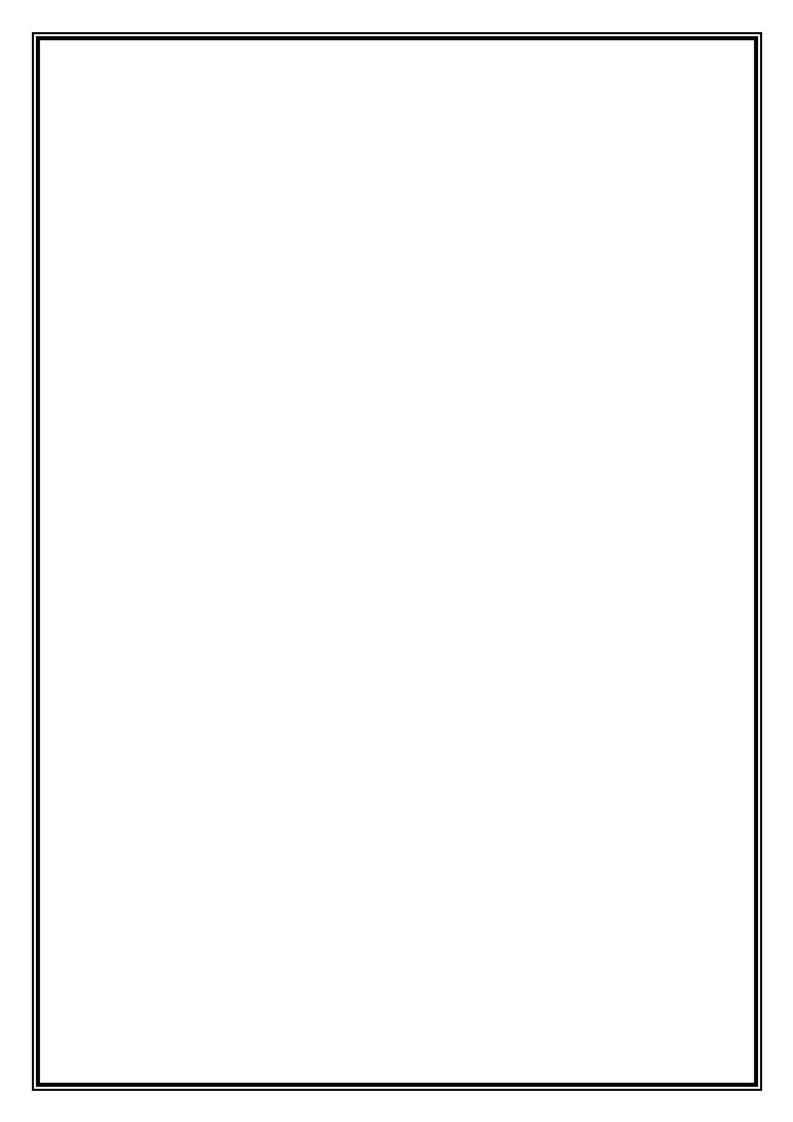


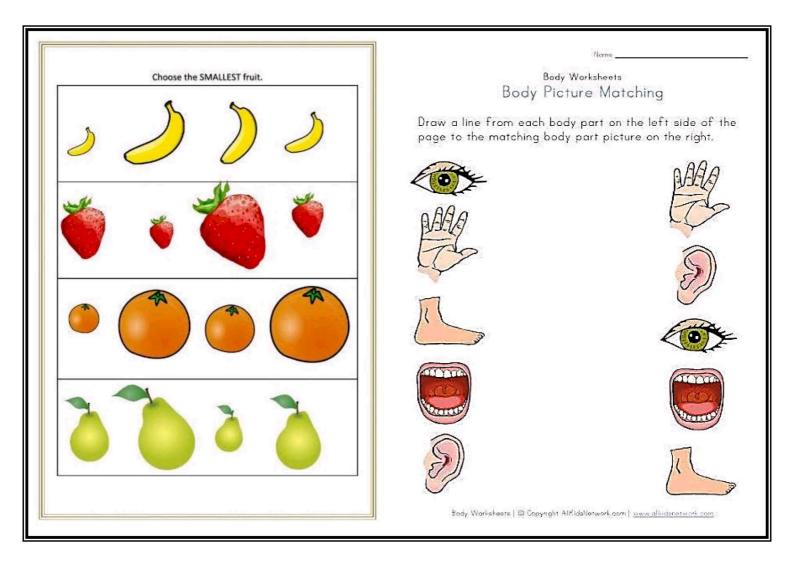
My birthday is

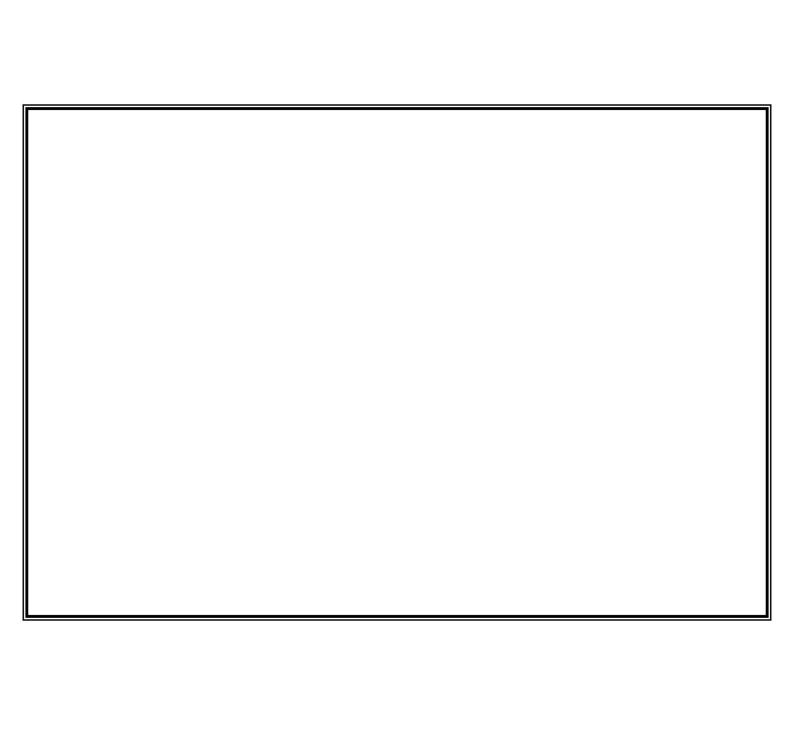


I like to go to



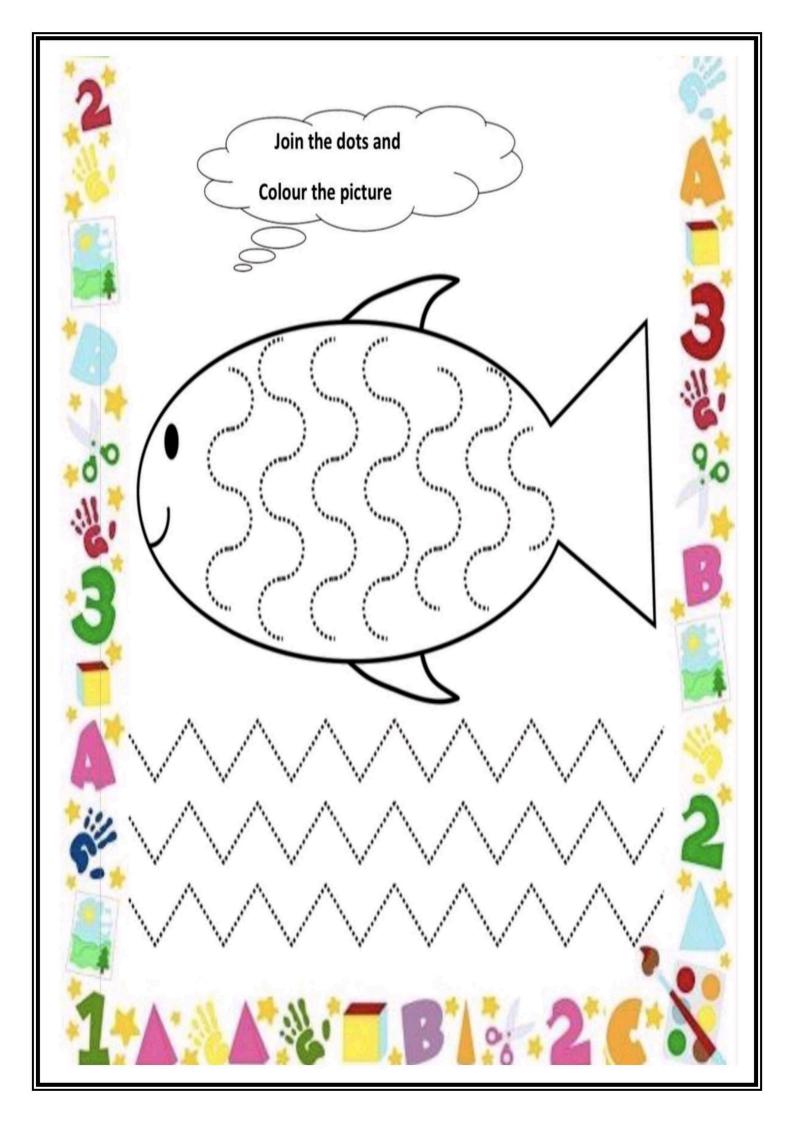


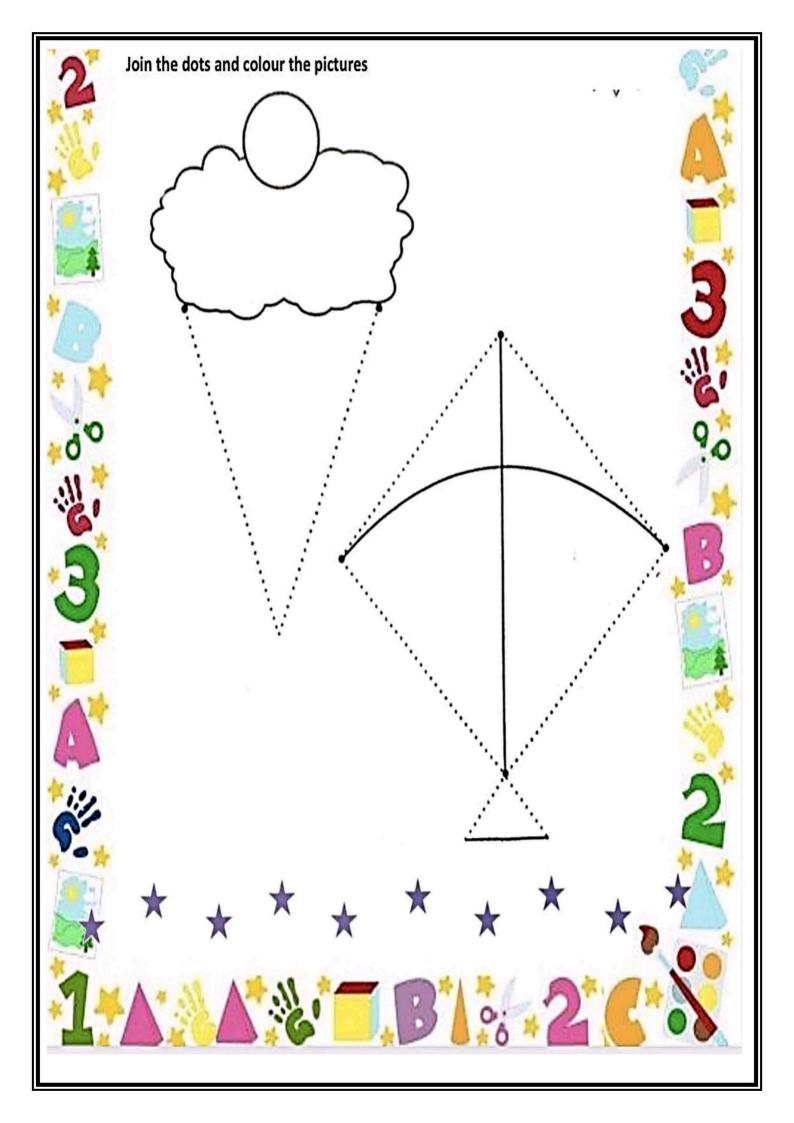




# **Art & Craft** Stick bindi of red colour to complete the apple tree







#### **Communication & social skills**

To enable the child interactive and communicative with the others.

Kindly follow the given community / social skills.



- Encourage the child to greet everyone in the house, neighbourhood, family, visitors and to all person they meet.
- Hello, Good morning, Good afternoon and Good evening e.g. Hi Uncle, Hello Aunty
- Always to be polite at home and outside.
- To obey the elders and parents.

#### **Activity- Myself**

Stand in front of mirror and speak 5 sentences on myself.

1.My Name is
2.I amyears old.
3 I study in nursery class.
4. My School Name is Nav Jeewan Model Schoo
5.My Favorite Colour is
6.My Hobby is

## ave a great

